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DPC Newsletter

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Graduation Ceremony 2011

**His Highness Shaikh Mohammad Bin Rashid Al Maktoum,
Vice-President and Prime Minister of the UAE and Ruler of
Dubai honored DMC and DPC graduates**



Haj Saeed Al Lootah, Founder and Chairman with **Sheikh Mohammad** and **Shaikh Nahyan Bin Mubarak Al Nahyan**, Minister of Higher Education and Scientific Research



Opening speech given by **Eng. Yahya Bin Saeed Al-Lootah**, Vice-Chairman, on behalf of the Chairman of the College's Board of Trustees

UAE Vice-President honors top students in medicine and pharmacy

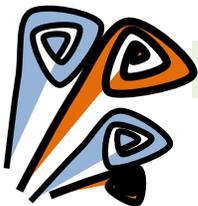
Two batches graduate from Dubai Medical College and Dubai Pharmacy College

(News courtesy: WAM)



Shaikh Mohammad with 126 graduates and officials of Dubai Medical College for Girls and Dubai Pharmacy College

(Right to left: Eng. Yahya Lootah, Prof. Saeed Ahmed Khan, Haj. Saeed Al-Lootah, Prof. Mohammed Galal El Din and Prof. Muscat Baron)



GRADUATION CEREMONY 2012

10 January, 2012

His Highness Shaikh Mohammad Bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai, honoured the top ten students of the Dubai Medical College for Girls (DMCG) and Dubai Pharmacy College (DPC). Shaikh Maktoum Bin Mohammad Bin Rashid Al Maktoum, Deputy Ruler of Dubai, was present during the ceremony.

In the opening speech given by Engineer. Yahya Lootah on behalf of the Chairman of the College's Board of Trustees, Shaikh Mohammad was thanked for sponsoring the graduation ceremony and for his keen follow-up of DMCG's march over the past 26 years. The chairman reaffirmed that the college's initiatives and programmes, and its determination to produce innovative and pioneering graduates embody Shaikh Mohammad's vision.

Shaikh Mohammad then watched a documentary on the march of education in the UAE and the development of medical sciences. He also watched a documentary focusing on mothers and Shaikh Mohammad's honouring of them on the sixth anniversary of his accession as Ruler of Dubai. At the conclusion of the ceremony, Shaikh Mohammad took a commemorative photo with the 126 graduates from the Medical and Pharmacy College.

Also present during the graduation were Shaikh Nahyan Bin Mubarak Al Nahyan, Minister of Higher Education and Scientific Research; Abdul Rahman Mohammad Al Owais, Minister of Culture, Youth and Community Development, other shaikhs, ministers and senior officials. In a statement on behalf of the students, a graduate Dr Al Anoud Abdul Rahman Al Zamel thanked Shaikh Mohammad for sponsoring the ceremony, for his wise directives and keen follow-up of the college's progress.





DUBAI PHARMACY COLLEGE

GRADUATION CEREMONY SPEECH 2012 **Madinat Jumeirah ; 10 January, 2012**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

His Highness Shaikh Mohammed , honored dignitaries and guests, fond Haj Saeed Al Lootah, respected Eng Yahya Lootah, distinguished Board of Trustees, proud parents and graduates, faculty and staff.

Today, in this 40th year which reflects on the Spirit of the Union of the UAE, we are awarding Bachelor of Pharmacy degrees to the 16th batch of DPC and Bachelor in Medicine and Surgery to the 21st batch of DMC. To share this proud moment is beyond my expression. I cannot say how pleased I am to be part of one of the most respected Schools of Pharmacy in the Arab world to which I have given more than two decades of service.

Dubai Pharmacy College is distinguished by having the oldest established Bachelor of Pharmacy degree in the Gulf region. It is equally well known for its innovation, both in teaching and original research. The degree course here focuses on problem-based learning and practical experience in decision-making - the latest best practice in education. What makes the College unique is parents and prospective parents are confident that the young adults they entrust to us will have the best opportunity for learning and personal development available in this country.

I would like to congratulate all those students graduating today. Dear graduates, as you move from College into your chosen profession, the reforms will be important to you as health professionals within the broad spectrum of health care. Consumers, doctors and other health professionals will expect you to be widely-versed and up- to- date on all sorts of medicines - the whole range of complementary, over-the-counter and prescription medicines. It's a great challenge but your pharmacy training holds you in good stead to be well informed about the role of medicinal products in health care and take this great tradition of knowledge and science forward into the next century.



To the parents present and those who are not, you have worked hard for this day and can be justly proud. Today's graduates are here through your support and they are entering the profession of pharmacy at an exciting time - a time of great change. They will no doubt have the opportunity to be part of many more new and important developments in patient care.

In discussing health care it is often referred to three pivotal centuries:

- *the 19th was the century of industry*
- *the 20th is the century of communication. and;*
- *the 21st century will be the century of healing.*

The Government policies is embarking on a number of innovative policy developments to take us to this century of healing, and you, as the next generation of pharmacists, will be the people who will help take these initiatives to maturity.

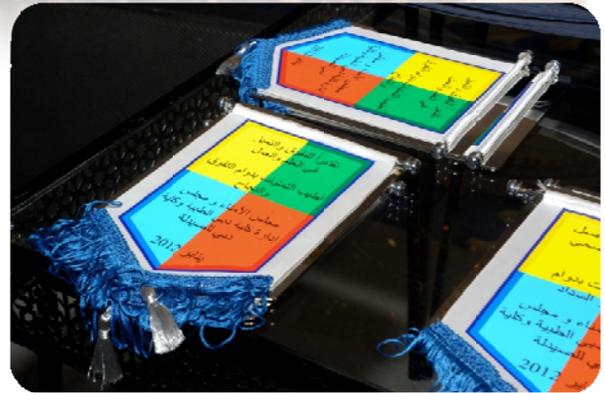
In closing, I look forward to hearing about your accomplishments. The future is what we make of it; much is expected of you; make us proud by your contributions.

Thank you.

Prof. Saeed Ahmed Khan
Dean, DPC



Musing Memories of our top achievers of batch -16



Position	Name	CGPA (out of 4)
1 st	Rumaisa Farheen	4.00
2 nd	Loma Adnan Fouad Lazen	3.97
3 rd	Omaira Mukarram Syed Mukarram Ali	3.96
4 th	Sara Gamal Abdel Kader Abdellatif	3.96
5 th	Kawther Benhammouda	3.94

*Congratulations
Graduate!*





Rumaisa Farheen (right)



My memories at DPC ...

- ☺ When I was informed via phone that I topped the batch in 1st year.
- ☺ When I got scolded from the Dean in the 1st semester of 1st yr (for the first and last time) for my silly question during the lecture. That day was my worst day at college. But I still thank God and my Dean for that day, it was awful, but that was really needed as this helped me to realize my mistakes and improve on it.
- ☺ Struggling to enjoy the rain through the huge windows of 2nd year, during the lecture ^_^
- ☺ Getting counseling on important topics of career, Islam, exam stress and emotional stress whenever needed.
- ☺ All the trips, parties and conferences held by DPC. These events gave us a relief from the stress of studies and of course allowed us to skip lectures ;)
- ☺ Having final exams during the most beautiful season of the year 撈.
- ☺ Heartfelt relief after the end of the final exams.
- ☺ Tachycardia experienced few hours before the announcement of results.
- ☺ Ever helping attitude of the faculty especially Prof. Khan. He was always there for us with amazing solutions to our problems, as he believed that; "Nothing Is Impossible."

Important lessons learnt during the 4 years at college

- 1) I have learnt to praise Allah (SWT) for his beautiful creation within us and also around us by studying the physiology of human body, the immunology of the human system, the distinct chemistry and mode of action of each drug.
- 2) I have gained tremendous amount of confidence through DPC's initiatives for internal seminars, conferences, graduation research projects and exhibitions to international conferences such as DUPHAT etc.
- 3) I have learnt to value friends and relations better by the ethical Islamic support provided by the college and friends.

My favorite quote is – Everything in this world has an end (except for what lies with God Al-Mighty)

Future professional goals & aspirations

Looking forward to do masters or MBA in the field of Quality Assurance, to gain more knowledge and confidence so as to polish my current profession.

Message for future students of DPC

- 撈 Do your best and leave the rest to Allah (SWT), surely He will suffice you.
- 撈 Take up challenges (There is always a first time).
- 撈 Make sure you carry your parents blessings at every point in your life.

- Rumaisa Farheen





Omaimah Mukarram

First of all, thank you very much for honoring me to write something about me and my experience in the DPC newsletter. I consider it a privilege.

Dubai Pharmacy College has given me several memories. It wasn't just an academic experience but I say it as a complete package- academic + extra-curricular + Islamic! So basically I have several memories of DPC. First and foremost is when I was chosen as the Vice-President of the Union for two consecutive years. Those years are wonderful memories and experience. I can proudly boast about that on my CV. And of course, how could I forget our beloved Professors and their efforts to get their knowledge and experience to us. I really salute all their hard work. My best memories were during my Graduation Research Project where I dealt with huge big albino rats for the first time in my life. I had an erudite experience. And last but never the least is the convocation day. It was like a golden seal to the golden years.

My favourite quote was 'No gain without pain'. All the hard work including studying right after college hours, staying up late during exams, working after college hours in the college and much more all paid off *Alhamdulillah* when I got to know that I am one of the toppers. InshaALLAH my future goals are to pursue Masters in Clinical Pharmacy and do specialization in Cardio. I also have plans to open pharmacies which not only dispense medicines but also spread awareness as well as door-to-door service. I hope I can achieve all that.

A word that I can give to the students of DPC is that keep a balance. Study hard at all times but do give some time for yourself that is your leisure and entertainment and also for your family and friends. Because at the end all these will knit together to become a beautiful scarf of memories which you will carry everywhere. So good luck my fellow Juniors ;) May Allah give all of you success in every step of your life.

With best regards,

Omaimah Mukarram





A Journey through my life's goal of being a legal Drug Dealer

Sara Gamal Abdel Kader Abdellatif

My memories in DPC

"Memory is a way of holding on to the things you love, the things you are, the things you never want to lose." -Kevin Arnold

As I'm writing this I feel honored to reflect on my journey through college which began four years ago, something I myself find hard to believe at times. Yet looking over the past years, that journey has already been rewarding and entertaining but also challenging and at times, difficult, no university student can deny any of these feelings.

I truly believe that every day was filled with fun and excitement, not to mention incredible learning experiences. There was no room for dullness, only increasing desires to learn and achieve more. It has been an amazing journey for me despite the workload from studies and the amount of activities in and out of university. In college, what I really enjoyed was that we have many interesting and different ways of learning, compared to other courses. I feel lucky to be attending my dispensing practicals, where I am taught extemporaneous dispensing (making up pharmaceutical products e.g. creams) and resolving issues involving the prescription/patient, with my friend acting out the patient's role... I remember when I accidentally burnt holes in my lab coat after experimenting...I guess all of pharmacy student went through same experience.

As Head of activities in Student Union, I'm glad that I had an opportunity to organize various extracurricular activities. Yes, there is nothing better than life and its experiences to mold one's individual abilities, skills, and talents. Now I know that extracurricular activities are important because you can learn about responsibility, discipline, and teamwork.

I am truly thankful and appreciative for our Dean Prof. Khan, faculty and everyone who have directed us through our academic years and have served as great sources of knowledge, wisdom and guidance.

Important lessons learnt during four years

You need to be dedicated, a good communicator and enjoy interacting with people. At the end of the day, your commitment to your studies and profession reflects the type of pharmacist that you will become.

Future professional goals & aspiration

As a future pharmacist, I would dedicate my life to serving others for the hope of a better more healthy future. There are still a wide variety of illnesses that the 21st century drug cannot cure, but in the future I want to donate my time and my knowledge to the medical field to cure these illnesses. To achieve my goals, I will pursue my studies in research field and clinical trials in Canada.

Clinical research brings the latest therapies and pharmaceuticals from the laboratory bench to the bedsides of real patients. The discipline blends two different worlds--the laboratory and the clinic--and translates basic discoveries into treatments for human disease it's important to me that I have a passion for whatever path my life takes ,since I have control over that path.

Message for future students of DPC

My message to the upcoming classes and future students is to make the most of their pharmacy student experience. Study and work hard, you have to become a great person before you become a great pharmacist, so be sure to work on all aspects of life before you graduate.

Networking is a crucial aspect of working in a hospital. Pharmacists never work in isolation and often need to connect with other health professionals. Throughout my placement, I had the opportunity to communicate and work cooperatively with pharmacists, technicians and nurses. Grasping the skills of creating a good rapport with colleagues was made much easier by the accommodating and friendly staff. Happily and swiftly, I turned into a 'people person'.



Sara Gamal Abdel Kader Abdellatif





Kawther Benhammouda

Memories in DPC

If we come to talk about my memories in DPC I won't be able to count them and I will simply describe them as an everlasting treasure that I'll hold tight to heart for my whole life !! I can never forget my first visit to DPC and the dean's encouraging words that made DPC my choice !!

" When you see the happiness and smiles on your parents faces you will forget all the hard times so work hard and study hard ! " this is what our Dean used to say..and on my graduation day I deeply understood his amazing words..Thank you Prof.Khan with your endless help you made us live it in real.

DPC was the place from which I came out with the best friends ever with whom I shared a lot. We lived together good and hard times..happiness and sadness..sometimes i just wonder what would be my life without them ?! So, thanks DPC for gathering us all and brining up such adorable friends into our life.

Important lessons learnt during four years

We never realize the beauty of our days until they are over and become a memory!! By the end of the four years I've learnt to live my days enjoy it as much as possible though hard and tough it might be. I've learnt to make my day a beautiful day and a lovely memory that fills me with happiness and draws a smile on my face when I remember.

I've also realized that some lessons are not learnt from lectures and books but from living an experience. So just go ahead and give it a try. It's always worth it!! Finally, chances and opportunities do not come neither given BUT deserved, so never wait for chances but go ahead and grab them!!!

Your favorite quote

"Expect less from others and more from yourself"

Future professional goals & aspiration

We were always waiting the four years to pass and the day of graduation to come but we never knew that the easiest thing in life is to be a STUDENT!!!!

The period following the graduation is really hard .It's so unclear and you feel that you are in a transitional phase having a lot of options and not sure about which one to go for.

As for me, I'm taking this year as an exploration year.I'm trying to involve myself in everything possible. Meeting people in the field and learn from their experiences, choices and advices till I draw a final image of what I really want.

Message for future students of DPC

I would just say what was said to me times before. Enjoy each day. Enjoy your college life because one day you'll wish that these days will return!!!

Kawther Benhamouda





Prevalence of Aspirin Use and Its Concurrent Use with Ibuprofen among Two Middle Eastern Countries; Jordan and the UAE - A Cross Sectional Study

Dr. Eman Abu-Gharbieh

Dubai Pharmacy College, Dubai, UAE

Published in *Jordan Journal of Pharmaceutical Science* 2011; 4 (3): 155-165.

Abstract

The objective of the study was to assess the prevalence of aspirin use as a prophylactic agent in two countries; Jordan and the United Arab Emirates. In addition, the frequency of concurrent use of aspirin and ibuprofen which might be associated with lower cardio protection. The data was collected using a structured questionnaire from December 2009 to February 2010. The results showed significantly higher proportion of Jordanian patients with cardiovascular problems (85.97%) were using aspirin when compared to patients from the United Arab Emirates (71.26%) ($p= 0.0205$, chi square test). The percentage of Jordanian patients with different cardiovascular problems taking aspirin concurrently with ibuprofen was relatively high. Patients' adherence to aspirin administration in both populations was suboptimal. Patients' age and previous myocardial infarction episodes were found to have a significant ($p<0.001$) association with the use of aspirin in both populations.

These results call for reasonable strategies for aspirin administration in both countries.