



DPC NEWSLETTER

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UAE Flag Day



Dubai Pharmacy College celebrated Flag Day on 2nd of November, 2017. Our Dean, Prof. Saeed Ahmed Khan hoisted the flag. He said that Flag Day is an opportunity to educate youth about the UAE's values and the importance of celebrating national unity. The DPC members and students participated in the activity.



The United Arab Emirates (UAE) Flag Day is a national occasion where people of the UAE remember the efforts of the founders of their State, Sheikh Zayed and Sheikh Rashid, and their brothers who sacrificed everything for the sake of their nation. It is a day when the national spirit is renewed, and an occasion to reflect on the achievements of the era of the President Sheikh Khalifa bin Zayed Al Nahyan. The UAE flag represents meanings of justice, peace, tolerance, power and moderation, under which all Emiratis live a decent life and enjoy security and stability

This comes in continuation of the legacy of the late Sheikh Zayed bin Sultan Al Nahyan.
Excerpts from: [https://en.wikipedia.org/wiki/Flag_Day_\(United_Arab_Emirates\)](https://en.wikipedia.org/wiki/Flag_Day_(United_Arab_Emirates))

UAE Commemoration Day



DPC pays tribute to the country's martyrs' by observing a minute of silence and prayers



DPC – DMC celebrate the 46th UAE National Day



Spirit of the union

We're proud of the UAE.

We salute the nation



*DPC and DMC
celebrate*

UAE 46th NATIONAL DAY





DPC and DMC celebrate the UAE National Day



Pharmataalk 2017



*Dr. Shabeer Nellikode giving lecture to students on
“The Role Of A Pharmacist In Modern Care
Delivery Process”*



*Mr. Fahad Ansari giving lecture to students on
“The evolving role of pharmacist graduates in
sales and marketing industry”*



*Students having an
interactive session with the
speakers*





PHARMATALK : Open Lecture series

Lecture On

The Role Of A Pharmacist In Modern Care Delivery Process

Speaker	Dr. Shabeer Nellikode <i>Founder and Managing Director of UBC World and Universal Hospital</i>
Date & Timing	<i>9th November, 2017 ; 11.30 a m</i>
Venue	<i>DPC Round Hall</i>
Audience	<i>Students and staff</i>
Coordinated by	<i>Department of Clinical Pharmacy and Pharmacy Practice</i>

“The Innovator in White Coat”

Dr. Shabeer Nellikode, is considered to be one of the youngest pioneers of innovative entrepreneurship based in the GCC. This entrepreneur, visionary, and a well-known philanthropist, has been a source of inspiration for all. Since his entry into the Middle East as a Consultant Neurologist, Dr. Nellikode has continuously put his effort to serving humanity; without any doubt being acknowledged by Governments, Organizations, and Educational Institutions alike. He has received multiple prestigious awards, certificates, plaques, and appreciation for both his business acumen and philanthropic efforts. With his decades-long experience, he is constantly upgrading the level of Neuroscience worldwide and make healthcare services more affordable.



Dr. Shabeer Nellikode
MBBS, MD (MED), DM (NEURO),
DCN (NEURO) LONDON



كلية دبي للصيدلة Dubai Pharmacy College

PHARMATALK : Open Lecture series

Lecture On

“The evolving role of pharmacist graduates in sales and marketing industry”

Speaker	Mr. Fahad Ansari Area Sales Manager Neopharma, UAE
Date & Timing	9 th November, 2017 ; 10.30 a m
Venue	DPC Round Hall
Audience	Students and staff
Coordinated by	Department of Clinical Pharmacy and Pharmacy Practice

Mr. Fahad Ansari hails from Mangalore, India,. He has graduated in BSc. (Chemistry) with an MBA from Madras University.

Fahad comes with a wealth of 12 years' experience in Sales & Marketing roles in different Multinational pharmaceuticals like Johnson & Johnson, AstraZeneca and Aventis Pasteur. He has been project lead for various new launches in different therapy areas in break through medications. He has been awarded and recognized by MNC's for his selling and marketing skills which has driven organization success. He is one of the best to share with us **“The evolving role of pharmacist graduates in sales and marketing industry”**

His wise guidance on needs of skills, capabilities & knowledge for pharmaceutical sales industry is of key importance..



Mr. Fahad Ansari
Area Sales Manager
Neopharma, UAE
fahad@neopharma.ae

“FIRE DRILL”

In the month of November, the students were educated by the Civil Defence Team which included Ms. Zina Hashem Sultan Al Hadidi (Head of Awareness and Publications Section - General Directorate of Civil Defense – Dubai), Sgt. Firefighter Issa Yousef Haidar (General Directorate of Civil Defense in Dubai) and Mr. Terry Johnson (Senior Fire Advisor - Directorate of Civil Defense in Dubai) about the golden rules in order to extinguish a fire.



Mr. Terry Johnson (Senior Fire Advisor – Civil Defense Dubai)

The students found the session very interactive and interesting as they further stressed on the need to be aware of the basic rules to extinguish fire.



Prof. Bazigha K. Abdul Rasool appreciating the guests



Sgt. Firefighter Issa Yousef Haidar (Civil Defense Dubai) illustrating to students and staff about hazards of fire

The team discussed about their experience in the event of fire and the role they play in combatting it. Deaths due to fire are on the rise in Dubai and it is very necessary to know how to combat it at the right stage to prevent any fatalities.

*Special thanks for coordinating the event:
Prof. Bazigha K. Abdul Rasool
(Head, Facilities & Laboratories)*

“Hepatoprotective Drugs From Plant Sources”

7th Traditional and Alternative Medicine

24-26 October. 2017



Speaker, Chairperson and Organizer: Prof. Naglaa G. Shehab
Prof. in Pharmaceutical Chemistry and Natural Products Department
Dubai Pharmacy College, UAE

Abstract

Introduction: Liver diseases are considered as one of the serious health problems, as it is an important organ for the detoxification and deposition of endogenous and exogenous substances. A number of pharmacological and chemical agents act as hepatotoxins and produce a variety of liver ailments. Steroids, vaccines and antiviral drugs which have been employed as a therapy for liver diseases, have potential adverse effects especially when administered for long terms. Traditional healing practices are now wide spread amongst about 80% of the developed countries population and often termed alternative or complementary medicine.

Aim: In the absence of reliable liver-protective drugs in modern medicine, hepatoprotective drugs from plant sources seem to have attractive alternatives. The aim of this scientific lecture is designed to focus in the medicinal plants as well as the other alternative medicines which can be used as hepatoprotective and antihepatotoxic agent.

Methodology: Medicinal plants that are found in the Arabic Gulf, India and United State of America with scientific researches were discussed. The active constituents, mechanism of actions, safety, side effects and the contraindication of each plant were discussed as well. Other alternative medicines like aromatherapy, acupuncture therapy, breathing therapy and relaxation therapy were deliberated.

“Improving Safety and efficacy of Herbal Drugs”

*7th Traditional and Alternative Medicine
24-26 October. 2017*

Speaker Mirza R. Baig

Department of Clinical Pharmacy,
Dubai Pharmacy College, United Arab
Emirates



Abstract

Herbal drugs are usually mixtures of numerous constituents. The variability of the constituents in herbs or herbal preparations are due to genetic, cultural and environmental factors. Herbal drugs benefit takes into account, when both the drug's ability to produce the desired result (efficacy) and the type and likelihood of adverse effects (safety) is balanced. Minimizing the risk and increasing efficacy depends on the balanced active constituents present in the drug. Scientists isolate many “actives” from an herb and discover how certain active metabolites act in the body, but they’re also removing buffering components that aid in absorption. Basically, by isolating one ingredient at the expense of another, they change the natural balance of the herb’s components. The biological activity may be the result of the combination of several compounds, the isolation process may lead to its loss or reduction. Generalizations about the efficacy of herbal medicines are clearly not possible. Each herbal medicine has to be judged on its own merits; some have been demonstrated to be efficacious for certain indications, others may not be efficacious and by far most of them have not been submitted to extensive clinical testing.



"Changing The Public Perception Of Pharmacy Profession"

4th Annual GCC Pharmacy Congress
19-21 October, 2017



Speaker, Panel Discussion , Moderator: Mirza R. Baig
Department of Clinical Pharmacy,
Dubai Pharmacy College, United Arab Emirates

Abstract

Pharmacists are front line caregivers of health care sectors. Undoubtedly, pharmacists provide a valuable service that contributes to improving their patients' quality of life. The pharmacy profession has made considerable efforts to shift its focus from medication supply to direct patient care. It is widely accepted that consumer satisfaction is an integral component of the quality of health care. Pharmacists and patients both have specific and significant roles and responsibilities in the pharmacist-patient professional relationship. The important factor that will help in advancement of the pharmacy services in any country would be to understand the public needs, expectation and satisfaction.

But consumers do not really understand—beyond filling prescriptions—what a pharmacist does? We need to change that perception of what happens behind the pharmacy counter, interact more frequently with patients about their medication therapy, and really change that perception of us being a dispensary. Equally it is important to understand any misconception or gaps in the public's attitudes on the roles and responsibilities of the pharmacists. Steps have to be taken to improve the services provided, relationship maintained and thereby improve the satisfaction of customers. Changes in the healthcare system affect all aspects including pharmacy services, pharmacists' role, and expectations and patients' behavior.



2nd Global Pharmacy and Healthcare Services Research Symposium
(GPHSRS) 2017,
3 - 4 November 2017, *Sheraton Dubai Creek Hotel, Dubai, UAE*



How to conduct a systematic literature search?



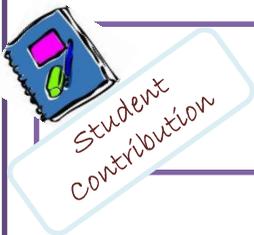
Dr. Mirza R. Baig
Dubai Pharmacy College
Dubai



Every year, a research organization in Saudi Arabia conducts a research specific conference to provide a platform to exchange knowledge and experience about pharmaceutical and medical research and to present the latest updates. This year the 2nd GPHSRS 2017 was conducted in Sheraton Creek Dubai Hotel, on 3-4 Nov 2017.



Dubai Pharmacy College was a media partner for this conference. **Prof. Dr. S. A. Khan** was the chair person for the conference, **Dr. Mirza R. Baig** was a member in the scientific committee. He was an invited speaker in the conference and had a talk on “How to conduct a Systemic Literature Review”.



Interview with Pharmacist

- Sabah Shehzad (Batch 26)

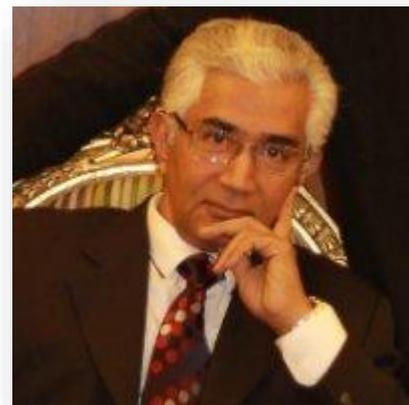
We were given an assignment by our English teacher, Mrs Sabeena Salaam to interview a pharmacist. The very next day I came home and made an account on LinkedIn and started following all the professional pharmacist working in big pharmaceutical industries. I wanted to interview a person who has inspired millions and their work and education have brought a change in the field of pharmacy and humanity.

After one week, I got a response from two professional pharmacists who accepted my invitation on LinkedIn and agreed to give me their interview. I was very happy and started thinking that my assignment will be a masterpiece but, I had no idea that interviewing a professional pharmacist is not as easy as I thought.

One of the pharmacist Dr. Abdulaziz Saddique living in Saudi Arabia gave me his number, the very next morning I called and was replied by a female who said she was the assistant of Dr. Abdulaziz Saddique. She gave me an appointment and told me that the doctor will only talk to you for 15 minutes and if you exceed for a minute, the call will be disconnected immediately, after listening to this I was speechless and shocked,

somehow I agreed to something which was impossible for me. It took two days for me to rehearse the interview questions within 15 minutes.

The appointment day I called her again and she directed the call to Dr. Abdulaziz Saddique, first I got nervous but then I had to cool myself because my 15 minutes already started and I kept my phone on speaker and started recording his interview. To be honest 15 minutes was more than enough for my 5 interview questions but, before I could say thank you the call was disconnected and when I saw the clock it was 20 minutes. I was very happy and blessed to have interviewed a person like Dr. Abdulaziz Saddique, his interview was very inspiring and made me in awe.



*Dr. Abdulaziz Saddique
Pharm D, CPHQ, SSMBB
Clinical Pharmacist, Clinical Toxicologist
CEO Qimat Tayba Biotech Pharmaceutical
Factory, Saudi Arabia*

Interview with Dr. Abdulaziz Saddique

Q: *Doctor can you tell me what educational path did you take to become a CEO of a pharmaceutical company?*

EDUCATION

- PhD Pharmacy :University of Minnesota 1980, Minneapolis, Minnesota, USA
- BSc. Pharmacy : University of Riyadh 1976, Riyadh, Saudi Arabia

CERTIFICATION

- Certified KPI professional and practitioner, KPI institute 2014
- Certified Six Sigma Black Belt and Master Black Belt, 2005, Quality Associates International and ASQ
- Board certification on Healthcare Quality, Healthcare Quality Certification Board, California, USA, 2002
- Board Certified Clinical Toxicologist AAPCC 1981

FELLOWSHIP

- Clinical Pharmacy Fellowship 1981-1982 Critical Care and Cardiac Surgery Research, United Hospital And University Of Minnesota
- Clinical Toxicology Fellowship July 1980-July 1981 Hennepin County Poison Center and the University of Minnesota, Minneapolis, Minnesota, USA

Q: *People like you inspired me to choose pharmacy but, who or what inspired you to follow this path?*

Ans: I started as a clinical pharmacist, I was the first clinical pharmacist in the middle east, I have practiced clinical pharmacy, teaching at the University of Minnesota and research. I describe myself as a scientist but not an administrator. management was forced on me by the appointments I got, however, I realized that management is a science not a just a hunch, therefore, I learned a lot from my previous director of pharmacy Mr. Don beste, who was the president of the ASHP and came to Saudi Arabia as pharmacy director for King

Khalid university hospital once it opened in 1983. I joined him as associate director and I educated myself on management, quality management etc. then I obtained the certification. I published a book on management, application of CQI in healthcare, and I was appointed as quality management director for the college of medicine and the university hospitals at king saud university. my greatest inspiration was the saying of our prophet Muhammad, Allah loves when you do something and you do it with perfection. this is what I follow in my career.

Q: *Every man goes through obstacles to become successful, what were the ups and downs of your life?*

Ans: Generally, I did not have an easy life, I started working for my living when I was 13 years old, I had a full-time job besides my studies. I use to work as a professional typist for the branch of Lloyds of London in Jeddah, Saudi Arabia. I went to college in Saudi Arabia, and the study was not easy for me because I had to study and work. I have learned a lot from other people, and I would not let any day pass without learning something new.

Q. *What do you consider the most challenging aspect of a CEO job?*

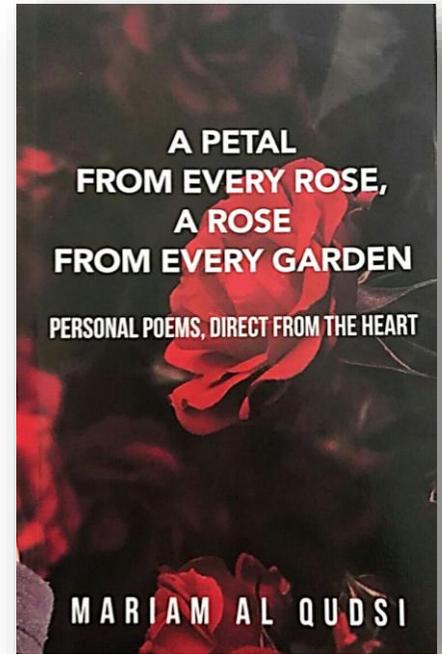
Ans. Managing people

Q. *Lastly, what advice would you like to give to the future pharmacist?*

Ans. First of all, love your job Be proud of who you are and don't imitate others trust like you are professional and act like one respect people and never undermine anyone your staff is the most valuable asset that you have, without their support no matter how good you are, you will never succeed.



Congratulations



Mariam Al Qudsi's (Batch 23-4th Year) first short poetry book is now in your hands..

*“A Petal from Every Rose, A Rose from Every Garden:
Personal Poems, Direct from the Heart”*

Mariam said: "As some of you may know, I write a lot of poetry, some happy, and some.... emotional.... all in English. So I decided to combine my poetry in one book and test it's waters."

Click the link below to get your hands on this lovely collection of poetry:https://www.amazon.com/gp/aw/ol/1543744087/ref=olp_tab_all
Or search for it on www.bookfinder.com for easier access on different sites.

*“Poetry is the spontaneous overflow of powerful feelings: it takes its origin from emotion recollected in tranquility”
– William Wordsworth*



Menatallah Mohamed Abdelaal
Batch 25





IPSF Reports

- Fund Raising Event
- World Mental Health Day



International Pharmaceutical Students' Federation

Project Accreditation Form Report

Introduction

Member Organisation DPCSU, United Arab Emirates

Region EMRO

Country United Arab Emirates

Activity Coordinator Ms. Kausar Iqbal Vora

Email kausariqbal96@gmail.com

Name of the activity Winter Festival Fundraiser.

Date 11/05/2017

Portfolio Other

Aims of the Activity

To collect funds for supporting the expenses for future IPSF activities.



Part A: Planning

How many people were involved?

8

Who were involved?

Organisation's Volunteers (Executives, Committees, Coordinators, etc.), Pharmacy Students

List the Partner Organisations, Stakeholders and Supporters:

There were no partner organisations, stakeholders or supporters involved.

Target Audience

Pharmacy Students, Professors

Plan of procedure of the Activity

This activity was implemented within 4 days, posters were put up around the campus and social media was used to advertise about the fundraiser and the purpose of the fundraiser.

Tickets were sold for 10 dhs (one ticket). One UAE Dirham= 0.2722 US Dollars.

Budget: 150 UAE Dirhams.

Materials required: Props to give an illusion of winter indoors. Decorations and small gifts to encourage students to participate.



Part B: Report

Organization of Activity

The auditorium used for the fundraiser was prepared and decorated a day before the fundraiser took place. Resources required were decorative material and tables and chairs to prepare stalls for food and games in order to entertain the students.

Implementation

40 students participated and competitions were held with the attraction of the fundraiser being the nomination of the winter festival queen, who would be selected on the basis of being the best dressed as well as following the theme of the festival which was grey, white and blue, this decision was made by the jury and finalized by the organizers of the event.

Results/Outcomes of the Activity

A total of 400 United Arab Emirates Dirhams were collected, which will be sufficient to take care of the expenses of two to three upcoming events.

1 UAE dirham = 0.2722 US dollars.

Evaluation of the Activity

The fundraiser received a positive feedback from the students and the targeted funds were raised.

What should be avoided or carefully prevented:

Such events should be prepared for and organized ahead of time, at least 2 weeks prior to the selected date.

Final remarks:

As the students showed a positive response, such activities can be held again as they make collecting funds for IPSF related activities much easier and quicker.

Annexes







International Pharmaceutical Students' Federation

Project Accreditation Form Report

Introduction

IPSF Member Organisation	DPCSU, United Arab Emirates
Location of the Activity	United Arab Emirates
Activity Coordinator	Ms. Sara Ahmed Abdullah Farag
Official Email	SARA.farag@outlook.sa
Name of the activity	World Mental Health Day
Date	11/15/2017
Portfolio	Public Health

Summary of the Activity

The aim of the activity was to raise awareness about common mental health issues that have been increasingly seen in our societies. The date and location of the activity was set 2 weeks ahead of time. 9 individuals were involved in organizing the event. The event involved a play, that was written and carried out by the students which introduced the audience to different types of situations in life that lead to mental health issues arising in the population, specifically the youth. The event also consisted of competitions and lectures given by the staff and students, where they shared personal experiences on how they deal with stress and other bitter emotions in their day to day lives.



Part A: Planning

Organising Team

9 Individuals

Who were involved?

Organisation's Volunteers (Executives, Committees, Coordinators, etc.), Pharmacy and/or Pharmaceutical Sciences Students

Partner Organisations, Stakeholders and Supporters

None.

Audience Reached

120 Individuals

Target Audience

Organisation's Volunteers (Executives, Committees, Coordinators, etc.), Pharmacy and/or Pharmaceutical Sciences Students, Professors

Aims of the Activity

The aim of the activity was to raise awareness among the students and the faculty about mental health issues and how and when to seek professional help to overcome them.

Plan of procedure of the Activity

On the 1st of November, a meeting was held between the coordinator and the DPCSU board. In this meeting the date, time and venue of the event were decided. The coordinator then shared her plan on how she wanted to carry out the event and what certain activities were going to be a part of the program. On the 5th of November another meeting was held to distribute the work among the different committees and volunteers. The general budget was around a 100 United Arab Emirates Dirhams. (1 UAE Dirham = 0.27 US Dollars)

The decorations that were used were mostly the ones that the decorating committee already had from previous events so expenses on buying new decorations were minimal.



Part B: Report

Statistics

Theoretical Hours	2.5
Practical Hours	2

Organization of Activity

1st of November: The first meeting was held between the organizer and the DPCSU board and all the other volunteers from the college of pharmacy. In this meeting the organizer gave a brief view about how she had planned the event. Suggestions were given by different members and areas of improvement were highlighted in this meeting to make sure that the event was carried out as efficiently as possible within the allotted 2 hours. The date, time and location were also settled at the beginning of this meeting.

5th of November: Another meeting was held where the event was discussed in much more detail, all the minute details were finalized and the work was distributed among the different volunteers.

14th November: The auditorium was decorated and all the necessary seating arrangements were made. The invitations and the posters that were made by the media and publications committee, were distributed and put up on bulletin boards respectively..

Implementation

The students arrived at the auditorium at 12:00 pm on the 15th of November, they were each given different coloured bracelets made of ribbon, in the colours yellow, green, blue and red. These colours represented different emotions that we experience in our daily life.

The program started by a play which showed how a clown who had never dealt with any other emotion but happiness enter a world with normal humans who experience different emotions throughout the day and undergo different types of situations which lead to stress, anxiety and depression. The clown after identifying



these different unfamiliar emotions then tries to help these humans overcome them.

The play was then followed by a competition to refresh the audience and to recollect their memories by quizzing them on common mental disorders that our societies are increasingly facing in day to day life.

The dean of the college of pharmacy then gave a small lecture on mental health issues and how to deal with them and when to seek professional help to overcome these issues.

Finally, the clown then revisited the stage and gave his tips and tricks on how to stay happy and thus concluded the event.

Results/Outcomes of the Activity

This event raised awareness within the students on learning how to control their emotions and how to deal with stress, anxiety and anger in frustrating and pressurizing situations.

Evaluation of the Activity

The event was successful and was thoroughly appreciated by the faculty and the students.

What should be avoided or carefully prevented:

The play could have been performed in the middle of the program rather than the beginning, as it was the main attraction but since many students had to come from class, they missed out on the play.

Final remarks

All in all, the event was carried out really well, it took the allotted amount of time to execute the program so no extra time was needed, making it easier for the students to enjoy the whole event.

Annexes





