

# DPC NEWSLETTER

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**Photos Courtesy : Media Club**

## **White Coat Ceremony**

### **Batch 5 MPharm Batch 26 BPharm**

'White Coat Ceremony ' was held on Sunday, Sept 10th, to welcome new batch of students of Dubai Medical College (DMC) and Dubai Pharmacy College (DPC), the first medical and pharmacy colleges in the UAE.

The White Coat Ceremony is a tradition within the medical profession that marks the students' transition from the classroom to clinical studies. New students of 5th batch of MPharm and 26th batch of BPharm from DPC along with the 32nd batch from DMC took Hippocratic Oath on the day, in the presence of the Deans, faculty members, fellow students and family to mark this rite of passage.

The event program included key-note address by Chairman. Hajj Saeed Ahmed bin Lootah followed by welcome addresses by Prof. Saeed Ahmed Khan, Dean of DPC and Prof. Mohammed Galal El Din Ahmed Dean of DMC.



**Founder and Chairman.  
Hajj Saeed Ahmed bin Lootah**

Following this top achievers from DPC and DMC addressed the students with a motivational speech. The ceremony was followed with a luncheon for all the faculty, staff and students of DPC and DMC.



## Welcome Speech

On behalf of all our faculty, staff and students at Dubai Pharmacy College, I am pleased to welcome you to the BPharm program. We are committed to providing a solid foundation in pharmacy within a hands-on, experiential learning environment with opportunities to co-op or intern with major healthcare corporations both public and private sectors throughout the region.

We now have specializations in Clinical Pharmacy and Pharmaceutical Product Development options that allow you to further your studies and earn a master's degree, soon after undergraduate degree.

We are extremely proud of our faculty members who breathe life into our courses and pursue scholarly research in a numerous areas from –

Basic Biomedical, to Pharmaceutical, and Clinical Science courses.

Your learning extends beyond the classroom. There are student union, several clubs and organizations especially the International Pharmacy Students Federation (IPSF). We encourage you to learn more about them and become involved in something that interests you because it is an important part of student life. We also bring in guest speakers from healthcare sectors, and offer seminars. This adds to the very valuable experiences that will enhance your time at DPC.

We invite you to explore the DPC Website to get additional information on the program, curricula, requirements and course offerings, and discover more about our faculty, staff and students. If you



have any questions or need further information, please do not hesitate to contact Prof. Naglaa, Chief Academic Officer of the BPharm Program and of course, feel free to contact me at my office.

While this can be a challenging time, the results that you will achieve are worth all of the hard work that you will put in! Best wishes in all you do.

**Dean, Prof Khan**

## Welcome Speech

Good morning to you all!

Let me introduce myself. I'm Eiman Elgailani, a graduate of DPC - B.Pharm (Batch 10) and M.Pharm in Clinical Pharmacy (batch1). Currently working as Assistant lecturer in clinical pharmacy and pharmacy practice department.

A special welcome to the pharmacy students of batch 26 and congratulations on admission to our distinctive college. You might be wondering whether you have made the right choice. My six years of academic pursuit here has taught me that we have both made an excellent choice.

It is worthy to highlight that the beauty of pharmacy profession is it

has a vast array of different specializations and full of intellectual adventures. To be a beacon in the profession you must proceed with a highly specialized domain of your area of interest.



This college opens for you a wide range of opportunities in your professional journey. The College offers Bachelor of Pharmacy (BPharm) undergraduate degree program which you have joined. We also have postgraduate degree courses in Master of Pharmacy (MPharm) in two major pharmaceutical specializations: Clinical Pharmacy and Pharmaceutical Product Development. These higher qualifications provide bright future for

pharmacists involved in hospitals. (granted patient care privileges by collaborating with physicians and/or health systems) and drug industries (pharmacist expert in drug development, designing and dosage form modification) which are rapidly growing in the region. Both programs is well designed and modulated to provide a flexible learning opportunity which links with the DHA and pharmaceutical industries.

I welcome you again to the most wonderful years of your life. Take home message is, keep that spark alive and have a wonderful time during your first steps and looking forward to see you as you move on towards higher qualifications that may come along at Dubai Pharmacy College. All the best for you insha-allah.

## Welcome Speech



### بسم الله الرحمن الرحيم

الحمد لله رب العالمين و الصلاة و السلام على أشرف الأنبياء وسيد المرسلين نبينا محمد وعلى آله وأصحابه أجمعين, أما بعد:

وما توفيقى إلا بالله عليه توكلت وإليه أنيب.

الحمد لله الذي بنعمته تتم الصالحات. الحمد لله الذي شرفنا بالعلم وجعل لمن يطلبه طريقا الى الجنة. أما بعد,

فإنه ليشرفني أن أرحب بالوالد الحاج سعيد, الرئيس الأعلى للكليات و عميد كلية دبي للصيدلة الأستاذ سعيد أحمد خان وعميد كلية دبي الطبية الأستاذ محمد جلال الدين و بالأساتذة الأعزاء و الأخوات المستجدات من كليتي الطب و الصيدلة السلام عليكم ورحمة الله تعالى وبركاته

قيل: إن ألم التعلم لحظة وتنتهي, ولكن إهمالها ألم يستمر مدى الحياة، وكما قال الشاعر "من لم يذق مُر التعلم ساعة تجرع ذل الجهل طول حياته" فإنما بالصبر و المصابرة والجد والاجتهاد ينال الإنسان ما تمنى ويرقى إلى قمم المجد, فما أجمل النجاح عندما يأتي بعد أيام وليال من العمل الدؤوب والجهد المتواصل. وأما عن تجربتي في كلية دبي للصيدلة فتعتبر من أروع التجارب التي حظيت بها في حياتي, فلعل هذه المرحلة أثرت في نفسي تأثير عظيمًا وغيرت نظرتي لأمر عديدة في الحياة.

ففي أول لحظة ولجت فيها مدخل الجامعة رسمت في مخيلتي أحلام وردية بالتفوق و النجاح و التميز ولعل أهم خطوة في طلب العلم أن يضع الإنسان هدفا واضحا يسعى إليه وأن يبذل كل الأسباب ويدق كل الأبواب التي من شأنها أن تعينه على تحقيق هدفه وذلك بالاستعانة بالله أولا ثم بالمتابعة الحثيثة للمحاضرات والتطبيق العملي المستمر. أوصيكن أخواتي أولا بالثقة بالله ثم بأنفسكن, وبقدراتكن العظيمة و الجبارة فما أنتن إلا غراس المستقبل و أمل الأمة و حاضرها. ولعل أول درس تلقيته هنا هو أن أبذل كلّ طاقاتي و أسخرها للتعلم النافع الذي من شأنه أن يستمر طوال العمر أن شاء الله مع المتابعة و المراجعة المستمرة. فأول أهدافنا دائما وأبدا هو المثابرة في طلب العلم بما ينفع الإنسانية دون انتظار المقابل و التعلم من أجل خدمة المرضى و الحفاظ على صحتهم على أتم وجه وأحسن حال بما يخدم مجتمعنا ويرقى بوطننا .

وفي الختام أتوجه بخالص الشكر لأهلي الذين أمنوا لي الدعم المعنوي ووقفوا بجانبني و إلى جامعتي بعميدها وأساتذتها و كادرها و العاملين فيها وأسأل الله عز وجل لي ولكم التوفيق استودعكم الله الذي لا تضيع ودائعه, في حفظ الله وعنايته أهلا بكن أخواتي في كلية دبي الطبية وكلية دبي للصيدلة. والسلام عليكم ورحمة الله تعالى و بركاته.

Shatha Yousef Ahmad  
BPharm [ Batch 25]

# World Pharmacist Day Celebration @ DPC – 25<sup>th</sup> September, 2017

World Pharmacist Day is a day established by FIP council (International Pharmaceutical Federation) in 2010 to advocate the role of pharmacists in improving health in every corner of the world.

This event informed students about the “World Pharmacists Day” and the story behind it, plus it represented different pharmaceutical fields of work, providing comprehensive information about each field. Covered fields were: Community Pharmacy, Clinical Pharmacy, Research, Pharmaceutical Business and Pharmaceutical Industry.

World pharmacist’s day is an event that has given recognition to the importance and the role of a pharmacist in the healthcare industry. It encourages pharmacists worldwide to stay committed and devoted to their profession and awakens their responsibility towards the community.

<b>World Pharmacists Day 2017 event</b>	Organized by Professional Development and Education IPSF
<b>Date and time of the activity</b>	25th of September 2017, between 12:00 pm to 2:00 pm.
<b>Venue</b>	Round Hall
<b>Target audience</b>	The <b>targeted audience</b> were the pharmacy and medical students and staff in the university, especially the newly admitted pharmacy students. The <b>number of the visitors</b> was approximately 90-100 visitors. <b>No of student participants</b> : 29
<b>Keynote speakers</b>	<ul style="list-style-type: none"> <li>Prof. Dr. Saeed Ahmed Khan (Dean of Dubai Pharmacy College.) gave a motivational speech to all his students as future pharmacists and healthcare professionals.</li> </ul>
<b>Description of the activity:</b>	<b>Objectives:</b> <ul style="list-style-type: none"> <li>Raise awareness about the importance and the role of pharmacists within the students and the community as a whole.</li> <li>Celebrate 25th of September as the day for pharmacists and spread the importance of this day.</li> <li>Encourage the newly admitted students to take part in activities held during the event such as a spelling bee and various other games which highlighted the profession of pharmacists.</li> <li>This event gave the students an opportunity to bring out their ideas and creativity and gave them a chance to express themselves on their day whole heartedly.</li> </ul>
<b>Event Program:</b>	<ul style="list-style-type: none"> <li>A speech was given by Rafea Al Khalifa (Chairperson of DPCSU-IPSF) in which the World’s pharmacist day was introduced, followed by a short introduction to the IPSF.</li> <li>A short play was held by the new DPCSU-IPSF board members in which they introduced themselves and their positions to the university students and staff members.</li> <li>A video of the previous DPCSU-IPSF board members was shown and they then shared their journey and their experience throughout their mandate.</li> <li>A spelling bee was held for the newly admitted students, where pharmacy related words were asked to be spelled and prizes were distributed among the winners.</li> <li>A concluding speech was given by the dean of the college to appreciate and motivate the students.</li> </ul>
<b>Special thanks to</b>	Yusra Saleem (Contact Person) Noor Mazin (World Pharmacists Day Event Coordinator)



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Dean, Prof. S.A Khan



DPCSU-IPSF Chairperson orienting the new students on IPSF



Najeba\_Humam



# DPCSU – IPSF Student Exchange Program



## What is Student Exchange Program (SEP)?

Student Exchange Programme (SEP) is IPSF's largest project, offering professional pharmacy internships. Every year, more than 900 students around the world are given the opportunity to experience the field of pharmacy in different countries. The member associations of IPSF organize the exchanges by finding host sites where the students are trained. The programme runs throughout the year (Winter version and Summer version), but the majority of the exchanges take place between May and September. The length is usually 1 to 3 months with a minimum of 40 working hours per exchange, and possible host sites include:

- Community pharmacy
- Hospital pharmacy
- Clinical pharmacy
- Wholesale pharmacy
- Pharmaceutical industry
- Research at university
- Government or private health agencies

Source: [http://sep.ipsf.org/student\\_exchange\\_programme](http://sep.ipsf.org/student_exchange_programme)

<b>Date and time of the activity</b>	July 2017
<b>Venue</b>	Lodz University and Gdańsk University, Poland
<b>Description of the activity</b>	<ul style="list-style-type: none"> <li>• Community Pharmacy training for a period of one month. Training conducted for 5 days a week, 6-8 hours daily.</li> <li>• In Lodz University, lectures such as project management, communication skills, etc were conducted and attended by the DPCSU SEPers.</li> <li>• Trained on Polish Community and Research &amp; Compounding pharmacy in Gdańsk University</li> <li>• In the 3<sup>rd</sup> weekend which was called “SEP weekend”, all the participants in SEP from all over the world and in different host sites met and shared their experiences</li> <li>• Proved to be very beneficial and furthermore built and improved the various skills and personal traits of the participants</li> </ul>
<b>Participants</b>	Rufaida Mahmoud Rajia Fahim
<b>Participant Experience:</b>	<p><b>Reported by Rajia Fahim:</b></p> <p>I was selected to be part of the student exchange program organized by the DPCSU – IPSF to go for a month visit to Poland. The trip excited me as it would give me an opportunity to gain an enhanced experience and an innovative way of learning and working in another country with other culture. I was training in a community pharmacy for a month.</p> <p>The difference in UAE and Polish community pharmacy was that there was a formulation area to prepare the medication from scratch and built the materials to give a drug formula. The formulation part was the most interesting area to work in, since we formulated tablets, creams and solutions according to the needs of the patients. The preceptors at the community pharmacy were very friendly and trained us with utmost dedication. I really enjoyed working with them. As for the members of the IPSF in Poland, they were very friendly and we had many interesting activities especially the SEPers weekend meet where we met all the pharmacy students from many countries who came to Poland for the exchange program. It was a wonderful experience and I would be delighted if I could visit again as it would help me to make new friends and gather more knowledge on different cultures.</p>
<b>Report compiled by:</b>	Rafaa Khalifa (DPCSU – IPSF Contact Person 2016-17)



Rufaida Mahmoud and Raja Fahim

Polish Community and Research & Compounding pharmacy in Gdańsk University



Community Pharmacy Training



Students working on Formulations of medicines



SEP weekend.



Lecture @ Lodz University

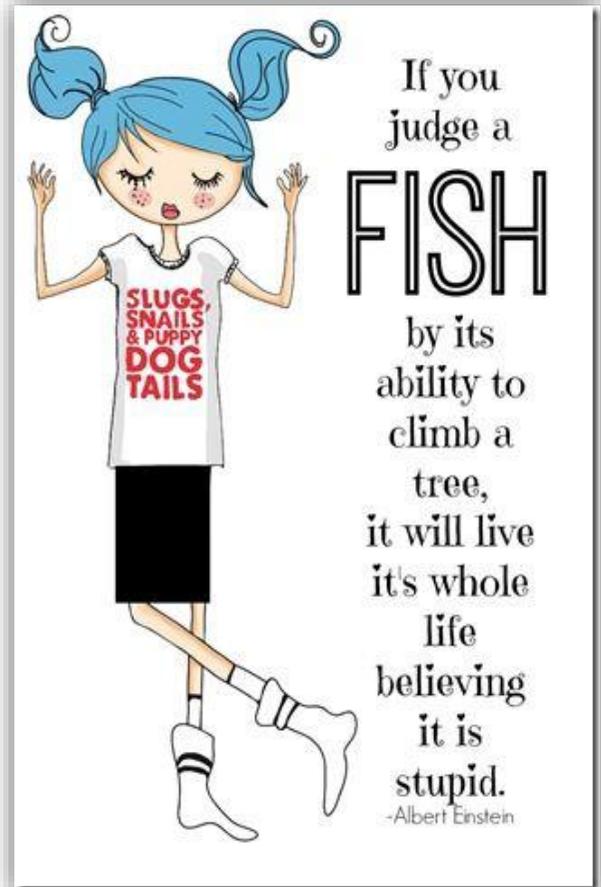


A fun weekend

## Talent Show – Batch 26

Talent Day is organized every year in the college by senior students to welcome their juniors. Talent day is a good platform to showcase their talents.

DPC always provides such opportunities to the students which along with studies also develops moral values in life.



It furthermore acts to "break the ice" between the fresher and seniors. The day kick started with all the budding talents of DPC, showcasing their talent, be it singing, cooking, henna designing, sketching, photography and a lot to follow...

Watch out for Batch 26 artistic expressions in the following issues...!!



# "Proud to be a DPT graduate"

- Riquaiyah Salim ( BPharm Batch 22)

As I look back to August 2014, it feels so surreal that the years went by so quickly yet it feels like yesterday when I first stepped into Dubai Pharmacy College with the hopes of completing my Bachelors in Pharmacy. I always had a passion for Medicine and Healthcare however I always wanted to incorporate knowledge as well as unique skills into my career. I knew Pharmacy was the aim for me because I always saw the Pharmacist as being more like someone I can open up to, similar to a friend. When I think of a Pharmacist, I think that this is a person whose role has evolved immensely over the years from being merely a medicine dispenser to being a researcher, a counselor, a medical representative, a healthcare advisor, a health insurance coordinator and a medicinal product developer.

Pharmacists are respected worldwide for the vast knowledge they have and contribute to the society as a whole in every aspect. We are individuals filled with limitless understanding and characteristics such as empathy. It is no doubt

that the 4 years of Undergraduate study are vital to all our future experiences. Each subject in our curriculum is unique in its own way and will be utilized further in one way or another when we are in the work setting. The field of Pharmacy is so diverse and is continuing to grow as the years go by. So much research is going into the exact ways drugs can be utilized in an appropriate manner or the way drugs are formulated to benefit members of the population as a whole.

My experience in Dubai Pharmacy College will always be remembered as it is the place where I truly felt I could express myself to the maximum. It was the first time I could be myself and nothing held me back. I realized I have so much potential and the Doctors brought out the best in me in every way possible. **The Dean Prof. Khan is one of the most influential and respectful individuals I ever came across in my lifetime and he is definitely never going to be forgotten.** I feel proud and happy to see how far I have come especially when in May 2015, my journey took a different turn when due to a health condition



I thought I would need to stop my studies but by God's Grace I could continue and I couldn't be more grateful. It was merely a bump in my journey but I got back up and it felt great. You just have to believe in yourself and what you can do.

Today, we are in 2017 and my dream has come true - I am officially a Pharmacist and I feel so proud to be one! I encourage whoever is pursuing this career to be innovative and not just be any regular Pharmacist but to discover something big and to share it with the society because after all we are the foundation of the Healthcare field and we have the potential to do so much in the society. The best way to do this is by having an agenda, once you know what you want nothing will stop you. It is you who can make a change and it is you who has the power to do so.



Sarah Dortaj (Batch 26)



Judy Deeb (Batch 26)

International  
Pharmaceutical  
Students' Federation



# The 63rd IPSF World Congress

# 2017 Taipei, Taiwan

31 July ~ 10 August

**Dubai Pharmacy Collage Students' Union 藥學系學生會  
International  
Pharmaceutical Students Federation Department,  
United Arab Emirates**



International  
Pharmaceutical  
Students' Federation  
Since 1949

## Dubai Pharmacy College Students' Union (DPCSU), United Arab Emirates

DPCSU, UAE is a student body representing Dubai Pharmacy College students, supervised and monitored by the Dubai Pharmacy College Students' Affairs department.

For the first time in United Arab Emirates, DPCSU was honored to become the first UAE member of the International Pharmaceutical Students' Federation (IPSF) approved by the general assembly in the 62<sup>nd</sup> IPSF World Congress 2016.

As the first pharmacy students' association representing UAE internationally, DPCSU had members who attended the 63<sup>rd</sup> IPSF world congress 2017 in Taipei, Taiwan.

## International Pharmaceutical Students' Federation (IPSF)

The International Pharmaceutical Students' Federation (IPSF) was founded in 1949 by eight pharmacy student associations in London. The Federation now represents approximately 350,000 pharmacy students and recent graduates in 70 countries worldwide. IPSF is the leading international advocacy organization for pharmacy students promoting improved public health through provision of information, education, networking, and a range of publications and professional activities.

IPSF initiatives focus mainly on the areas of public health and pharmacy education and professional development. Initiatives include public health campaigns, research on issues in pharmacy education and workforce development, the Student Exchange Program, organizing international and regional congresses and symposia, and publication of the IPSF News Bulletin, Newsletter and educational supplement Phuture.

IPSF holds Official Relations with the World Health Organization (WHO), Operational Relations with the United Nations Educational, Scientific, and Cultural Organization (UNESCO), and Roster Consultative Status with the Economic Social Council of the United Nations (UN ECOSOC). IPSF works in close collaboration with the International Pharmaceutical Federation (FIP). The IPSF Secretariat is supported and hosted by the FIP in The Hague, The Netherlands.



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Hague, the Netherlands.



Website: [www.ipsf.org](http://www.ipsf.org)  
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## IPSF World Congress 2017

IPSF World Congress is an annual event hosted in different countries every summer. It aims for the participants not only to keep pace with the latest pharmaceutical developments but also to experience other cultures through sharing experiences with other participants. Pharmaceutical students from all over the world gather together to acquire new knowledge share their accomplishments and extend their networks.

The central idea of this World Congress was: “**Social Pharmacy**” and the theme of the congress “**Looking beyond the natural science – pharmacy competencies for a modern society**”.

Delegates of DPCSU (**Rafa Al Khalifa, Samar Salam and Huda Al Madalli, Einas Al Razouk and Hawraa Al Nassri**) were representing the association, the college and the pharmacy students of the UAE for the first time internationally in the IPSF World Congress.

### Meetings

#### 1. The General Assembly

The General Assembly (GA) is the supreme decision making body of the Federation and shall discuss and decide the furtherance of the objectives of the Federation.

This year UAE was represented in the GA by DPCSU official delegates (Rafa Al Khalifa, Samar Salam and Huda Al Madalli) who have taken part in decisions made in the GA to govern and plan the future of both the federation and the pharmacy profession since the students today are the leaders and pharmacists of tomorrow.

#### 2. Contact Persons (CPs) Meeting

Each IPSF member association must have a contact person who serves as a link between the two parties, the respective association and the IPSF.

DPCSU contact person for the year 2016-2017 is Rafa Al Khalifa who attended the face-to-face CPs meeting in Taiwan during the 63<sup>rd</sup> IPSF world congress.

#### 3. Students Exchange Officers (SEOs) Meeting

Students Exchange Program (SEP) is the most important among the IPSF projects. Each IPSF member association participating in SEP must have a SEO.

DPCSU Students Exchange Officers for the year 2016-2017 is Samar Salam who attended the face-to-face SEOs meeting in Taiwan during the 63<sup>rd</sup> IPSF world congress.

### Scientific Symposium

This year the symposium was arranged in sections. Each section contains two to three topics and after each section the speakers took questions and have a round table discussion regarding the ideas of the section.

Under the theme “**Mapping the future pharmacy R&D: novel researches in the interactions between pharmacy and society**”, prestigious experts have shared their experiences of working with multidisciplinary teams on social applications of pharmaceutical science from phases of “3 E’s”.

The first “E” stands for “effectiveness”. In this section, students heard how the effectiveness of the interventions can be evaluated when traditional therapies are applied with modern treatments, innovative drugs are developed, or when new healthcare policies are introduced.



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The second “E” represents “efficacy”. The speakers pointed out what pharmacists could do to elevate patient’s understanding of the drugs and improve their adherence to the regimens, in order to increase the efficacy of the treatments medically and economically.

The final “E” is “equity”. Medical cost is always a huge burden for individuals, their families and for the government. In this section, the speakers introduced how healthcare systems and insurances work differently around the world and how the coverage of healthcare insurances affects an individual's treatment decisions. Furthermore, they have shown how the government is involved in health technology assessment, how this assessment will affect the payment of the treatments, and how these assessments could be utilized to develop the best healthcare plans in order to reach the maximum well-being for the people.

## Educational Symposium

Professional education plays an essential role in the development of a pharmacist. However, the world is changing rapidly. Traditional subjects like pharmacology and pharmacotherapy are not enough to meet the needs of modern society. The education of pharmacists now involves not only acquiring scientific knowledge, but also working with other healthcare professionals and interacting with patients. This year many experts in different fields shared their advices on how to make our pharmacy education better, more global and more practical.

In the first section, had got through the evolution of the pharmaceutical curriculum with the aim of inspiring students to challenge their current curriculum and to think logically how it could be improved. During the symposium, the educators told us how the programs were created and developed and how they can help students connect to reality. They also gave advices on what students could do in college to minimize the gap between college and employment.

The second section focuses on the collaboration between industry and schools. In the symposium, a professor has shared the experience of working with pharmaceutical industry to contribute to the development of the profession. There was also a speaker sharing the other point of view. A speaker from the pharmaceutical company gave his opinion regarding early collaboration with an academic institute. The speakers discussed how collaboration between industrial and academical settings could bring benefits to both parties.

In the last section, we heard about multidisciplinary collaboration, which is also an upcoming trend in the world of healthcare professionals. The world has changed rapidly along with the development of new technologies. Pharmacists who are only the experts of medication can no longer satisfy the increasing need for medical care. In the symposium, the speakers had given advice on how we could keep pace with the development of new technologies and add these new skills to our professional knowledge. Furthermore, pharmacists play a key role in a multidisciplinary healthcare team. There were also speakers discussing how we could learn to communicate and cooperate with other healthcare professionals. With the assistance of new technologies and collaboration with other professionals, we could provide more thorough medical services and improve the equivalence of medical information between professionals and general public. The aim was to give the us as students an insight of what kind of future awaits us and how future pharmacists could help create a more convenient and efficient healthcare environment.

## Social Events

### 1. Welcome Party (Flag Night)

In the first night, a welcoming ceremony to the 63rd IPSF Congress in Taiwan was held by the organizers! It was held at the luxurious Chientan Overseas Youth Activity Center where all the participants were accommodated.



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We met Congress participants from around the world representing their countries and so we, DPC Students' Union members, were representing the UAE.

## 2. Taiwanese Night

This night aimed to let participants experience the beauty of Taiwan! There were local story sharing, fun Taiwanese hand-made stands, society-passionate music performances, and special Taiwanese games!

## 3. Excursion Day

Excursion Day is the activity that made us explore Taipei for a whole day! During the daytime, we visited traditional streets, beautiful temples, natural hot springs, one of the top 10 greatest museums in the world and the world's tallest green building. After the sunset, we were guided to the most famous and popular night markets in Taipei. We had an extraordinary experience on Excursion Day!!!

## 4. International Night

International Night - was a time for everyone to share their culture with their new friends. During International Night, booths were set up (one for each country - not per association). Each country brought along whatever they would like to dress up their booth in order to represent their country. For example, traditional foods, decorations etc.

DPCSU members have represented UAE and its culture by wearing the traditional dress (Abaya) and serving dates and Arabic coffee to the booth visitors. Bakhoor, Henna and models of the UAE's most popular architectures were also there on the booth.

## 5. Fun Run

Road running is literally a running activity, but this time some interesting elements, which made it more exciting were added. Participants cooperated with teammates to solve the mystery which was given in challenging games.

## 6. Auction Night

Members from different countries have introduced their special and fascinating products. Participants had a chance to get great bargains and donate to IPSF at the same time. All proceeds from the Auction Night went towards the Development Fund to help members of our Federation overcome financial hardships.

## 7. BBQ Dinner Party

Participants outdoor and eat some grilled meat and moon-cakes while enjoying the beautiful full moon in the night sky.

## 8. Gala Night

During Gala Night, the most anticipated night, participants had fun during the last night of the Congress. It is the night to say goodbye, to meet up, make friends, receive awards, certificates and have fun! Although this is a Congress that only lasts 10 days, this night will surely be the most unforgettable experience.



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## Workshops

Various kinds of topics were prepared for everyone to choose from for the workshops. With the organizers selection system, participants had their own custom-made lecture schedule, including experts from Taiwan and around the world to share their latest research and the latest published studies.

Workshops are different from symposiums since we got to take a closer look at what speakers are working on and ask them questions directly. When it comes to the best part of the workshop, we had the chance to cooperate with students from different countries and share our experiences. We were also able to make proposals together and give feedback to the speakers.

Workshops topics offered were, such as precision medicine, aging and chronic health care system, biopharmacy, pharmacoeconomics, public health policy against climate change & health consequences, treatment of RNA-splicing related diseases by small molecules, personal and professional skills.

## On- Site Hospital and Industry Visits

Participants were divided into groups and each group has visited different hospital and pharmaceutical industry.

## Competitions

### 1. Patient Counseling Event (PCE)

The Patient Counseling Event (PCE) gives students the opportunity to compete against each other in patient counseling. The PCE aims to demonstrate the importance of pharmacy counseling skills, increase awareness of pharmacists as public educators, and to encourage and promote the development of the pharmacy profession.

At the Congress, delegates from each country were given the chance to demonstrate their counseling skills and compete against each other. This was judged by an international jury consisting of faculty members and pharmacists.

The PCE is a great way to promote training in communication skills, and provide an opportunity for pharmacy students and pharmacists to learn how to effectively interact with patients in a fun and competitive environment.

The PCE scenarios involve a pharmacist (played by the competitor/student) and a patient (played by an actor/academic) interacting in a pharmacy where the pharmacist must communicate with the patient to solve a problem and effectively counsel on therapy.

### 2. Clinical Skills Event (CSE)

The Clinical Skills Event (CSE) was a concept developed by the American Society of Health- Systems Pharmacists (ASHP) and it is usually conducted in almost every IPSF world congress. It was created to encourage pharmacy students to develop their clinical problem-solving, verbal and written communication skills, and to promote the role of the pharmacist in patient care.

CSE focuses on helping participants use clinical knowledge to solve and to improve their patient's drug therapy. Attending the CSE at this symposium was rewarding in terms of expanding clinical knowledge and reviewing clinical guidelines, also seeing how other countries are doing in terms of updating their clinical skills and practice.



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### 3. Compounding Event (CE)

The International Pharmaceutical Students' Federation created the Compounding Event (CE) in order to highlight the importance and the necessity of compounding skills within the pharmacy profession, especially as we are moving towards personalized medicine in health care.

This event was first introduced at the 59th IPSF World Congress in Utrecht, the Netherlands in 2013. The Compounding Event has four main objectives:

- to raise awareness about the importance of compounding within the pharmacy profession and quality/security measures regarding the production of compounded pharmaceutical products.
- to teach students to recognize that certain patients may have the need for individualized pharmaceutical preparations that may not be readily available.
- to provide students with an opportunity to develop their knowledge in designing and preparing compounded pharmaceutical formulations.
- to provide pharmacy students with an opportunity to practice their compounding skills in an environment that is conducive to learning.

Unlike the past events, this year something new was tried, students had the opportunity to try and prepare traditional herbal medicine by compounding, and learn how herbal medicine and Traditional Chinese Medicine theories can help diagnose and treat diseases.

### 4. Public Health Campaign (PHC)

The aim for International Pharmaceutical Students' Federation World Congress is to promote the interaction between pharmacy students, share knowledge and experience different cultures throughout the world and to explore and open our horizons. This year, the goal for the Public Health Campaign was to help students to become involved in the needs of the public through the community pharmacy service. At the venue, pharmacy students presented health-related issues, and raised health awareness in the general public. Through this event, the professional image of pharmacists was promoted to the public, by teaching public the correct way to use their medication, in order to improve the quality of life.

#### The preparation of PHC:

Students were separated into small groups, and each group had to prepare for one assigned topic. Our delegation was in the group of "Elderly healthcare: diabetes, hypertension." Each group created a health education poster based on the topic, and an interactive game, so that the public can understand our health issues more easily and with lots of fun.

#### The topics for PHC:

##### Healthy lifestyle:

- Eye care: The correct way to use a smartphone, eye diseases introduction.
- BMI: Healthy diet and efficient exercise for modern people.

##### Smoking cessation, anti drug abuse campaign

- Smoking cessation: Diseases acquired from smoking, air pollution.
- Anti drug abuse: commonly abused drugs, drugs abuse on the campus.



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#### **Family healthcare:**

- Elderly healthcare: diabetes, hypertension.
- Introduction and prevention of chronic diseases: the prevention and health care for osteoporosis.

#### **Fighting against cancer:**

- Introduction of different cancers: liver, breast, oral, cervical cancer.
- Self examination and early cancer detection.

#### **Infectious diseases:**

- Introduction to infectious diseases: Dengue fever, influenza, enterovirus.
- The prevention and cure for infectious diseases.

The PHC was held in the form of a health fair. Students interacted with the public face-to-face, and solved the questions from public immediately.



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## Scientific & Educational Symposia



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## Meetings

### General Assembly



### CPs Meeting



### SEOs Meeting



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## Social Events

### 1. Welcome Party (Flag Night)



### 2. Taiwanese Night



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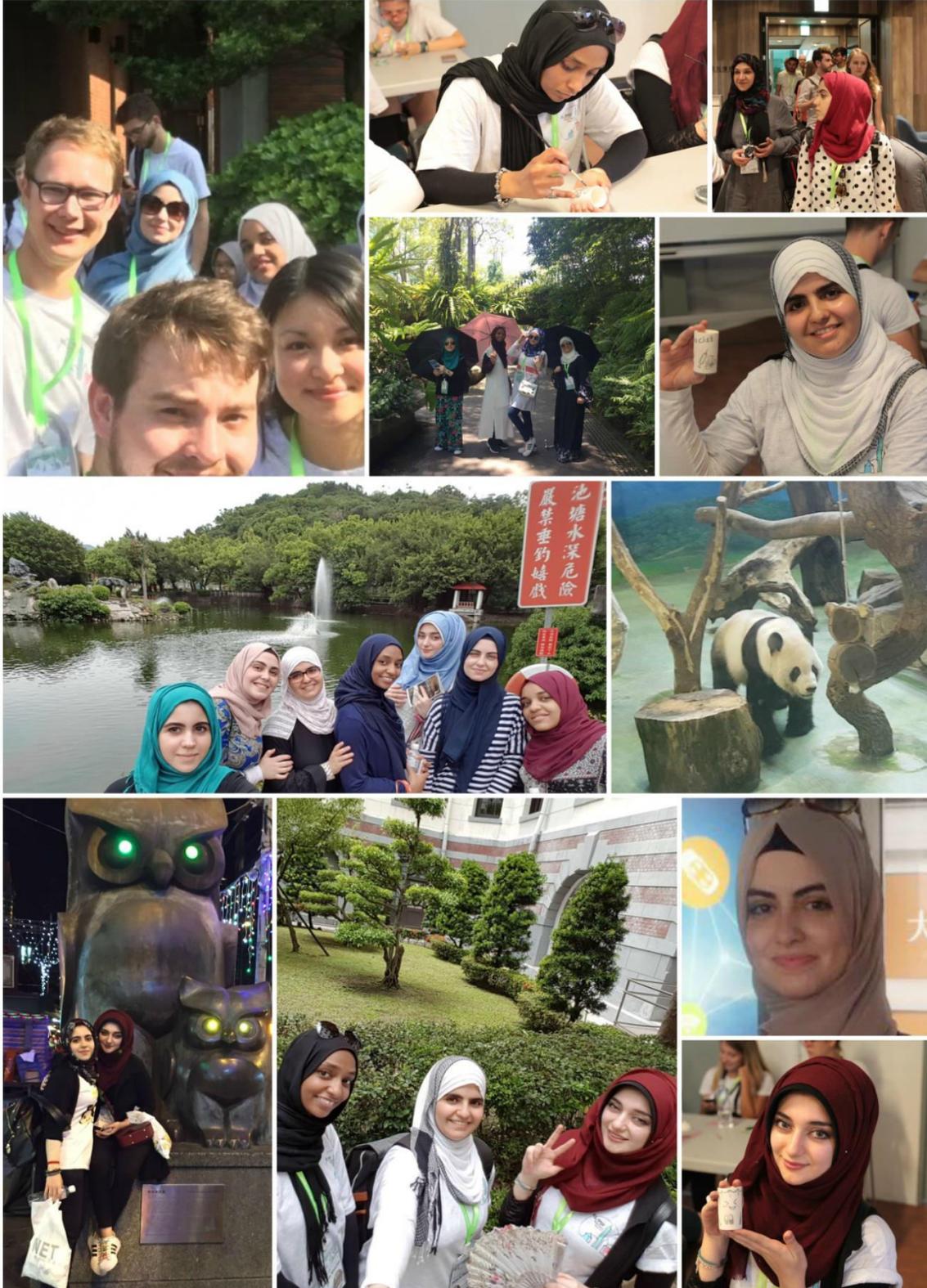


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### 3. Excursion Day



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#### 4. International Night



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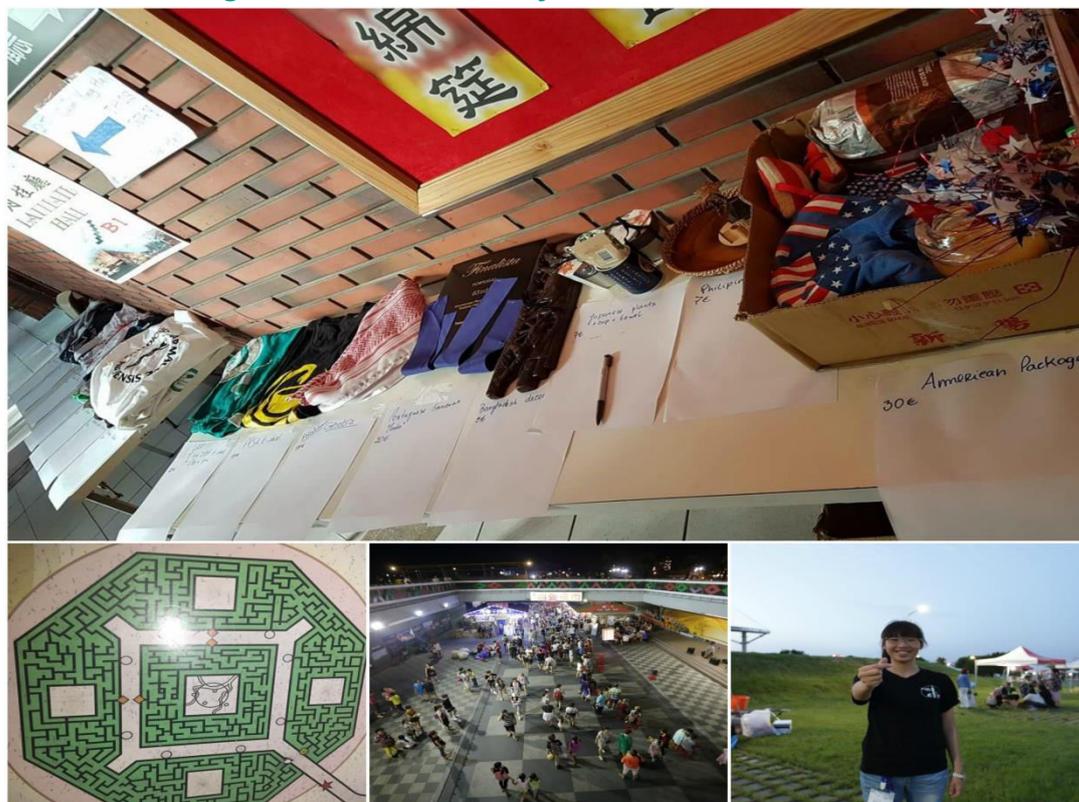


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## 5. Fun Run, Auction Night & BBQ Dinner Party



## 6. Gala Night



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## Workshops



## On- Site Hospital and Industry Visits



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## Competitions and Campaigns



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