

DPC NEWSLETTER

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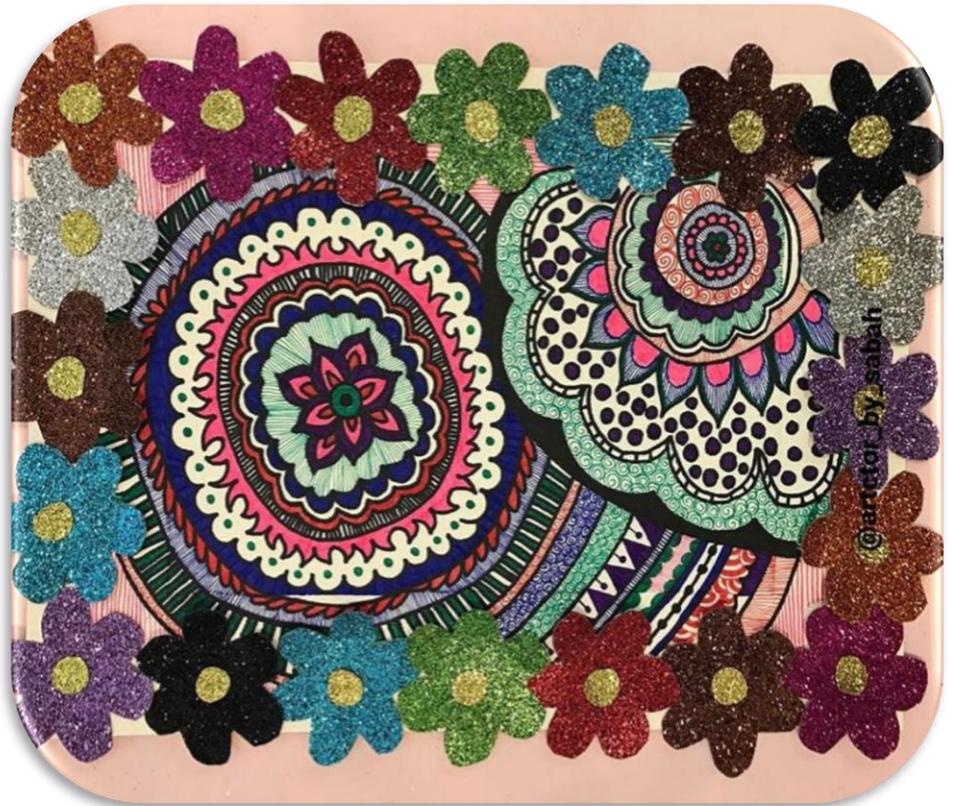
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EDUCATION LEADERSHIP AWARD

Presented to

PROF. DR. SAEED AHMED KHAN

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4th October, 2018

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Congratulations! EDUCATION LEADERSHIP RECOGNITION AWARD



This leadership award trophy was honored to Prof. Saeed Ahmed Khan, Dean of DPC, to reflect the success of his three decades of initiatives, or contributions in pharmacy education in the UAE



Welcome Ceremony

**Batch 6 MPharm Clinical Pharmacy,
Batch 5 MPharm Pharmaceutical Product
Development
and
Batch 27 BPharm**

'Welcome Ceremony' was held on Sunday, Sept 9th, to welcome new batch of students of Dubai Pharmacy College for Girls (DPCG) and Dubai Medical College (DMC) and the first medical and pharmacy colleges in the UAE.

The White Coat Ceremony is a tradition within the medical profession that marks the students' transition from the classroom to clinical studies. New students of 6th batch of MPharm CP, 5th Batch of MPharm PPD and 27th batch of BPharm from DPCG along with the 33rd batch from DMC took Hippocratic Oath on the day, in the presence of the Deans, faculty members, fellow students and family to mark this rite of passage.



**Founder and Chairman.
Hajj Saeed Ahmed bin Lootah**

The event program included key-note address by Chairman. Hajj Saeed Ahmed bin Lootah followed by welcome addresses by Prof. Saeed Ahmed Khan, Dean of DPCG and Prof. Mohammed Galal El Din Ahmed Dean of DMC. Following this top achievers from DPCG and DMC addressed the students with a motivational speech. The ceremony was followed with a luncheon for all the faculty, staff and students of DPCG and DMC.



Welcome Speech

Welcome to Dubai Medical and Pharmacy Colleges and thank you very much for choosing our institutions. As the Dean of Dubai Pharmacy College, I am humbly honoured and privileged to serve our dedicated students, faculty, staff, administration, alumni, and preceptors. The landscape of the pharmacy profession is changing. The Pharmacist's role in today's and tomorrow's healthcare system is dynamic and pivotal. Thus you have to gear up to face the challenges of the profession from day one.

We are committed to providing a solid foundation in pharmaceutical sciences within a hands-on, experiential learning environment and opportunities. And, it is important to know that our programs are accredited by the national Commission of Academic Accreditation



which represents worldwide recognition. This recognition has generated an educational map to guide you through your journey from day one - when you are awarded a symbolic white coat for the entry into the pharmacy profession, to your graduation day when you are honoured with a hood for the achievement of the degree.

We are proud to be able to offer all the opportunity to acquire not only a thorough and up-to-date knowledge, but also the ability to interact with humanity, society and each citizen, which have very high expectations of all those who work in our healthcare system.

Our students are a part of the International Pharmaceutical Students Federation (IPSF) team. It is an international student-managed organisation that provides support for continuous development. You are lucky that your senior students have paved way for you to participate in it.

Moreover, the website allows you to access the lesson timetables, the teaching programs, and the exam dates service facilities, etc. Student learning is our commitment and your success is our goal. I wish all of you the best.

Dean, Prof Khan

A Message to the Pharmacy Youth

Respected Dean, esteemed faculty members, dear friends and future healthcare givers.

I am so happy to attend this beautiful white coat ceremony and greet the new members of our healthcare family and Pharmily!

I want to say Hello to the leaders of tomorrow!

My name is Samar Salam Qawoogha; a BPharm graduate and a masters student in our beloved Dubai Pharmacy College as well as its representative in Dubai Police Council of University and College student and the Student Exchange Officer in the IPSF.

I started as a normal freshmen student just like you, I had no superpowers nor shortcuts "if you know what I mean". But I had a strong ambition to leave a little sparkle wherever I go and make a change. It's not easy to start something new nor convince many people of your vision but sometimes we have to work hard and smart to achieve great results.

I would like to add that you all are lucky to have such a wonderful Dean like Prof Dr Saeed Ahmed Khan who is not only like our father with his big heart but also our number one supporter. (Thank you doctor Khan for everything) Also Keep in mind that you can never stand alone to face a crowd you need a good team.

I was blessed to work with a team who in my opinion was the best there ever was alongside great motivator and leader as Ms Rafa AlKhaifa our IPSF chairperson who knew how to make miracles happen.



Dr Sabina Salam who is one of the dearest people to my heart once told me that you should always have Gratitude to the people and the place who built you and give back. And she was so right! I believe that a grateful heart is a magnet for miracles.

Therefore never take things for granted because it's not a great trait to have as a leader nor as a human and trust me it will take you nowhere.

In addition to that, I would like to point out that most students who end up choosing a scientific major get so stressed out by studies and focus solely on that which is not so bad but it's not enough sometimes. You see, the world is saturated with doctors, pharmacists and engineers so you need to have your own signature and stamp added to be different from them. One needs to think outside the box and shoot higher than the moon these days. I am proud to say that

my batch 23 were filled with these people who are dreamers. People who weren't afraid to risk study time to bring something new to the college. We started many new projects like Huda Madanli's Takatuf Study Support group, Rafa Khalifa's vision to have IPSF in the country, our idea of joining the student exchange program and we had people like Mariam Qudsi who was even bright enough to publish her own poetry book called "A Petal from Every Rose, a Rose from Every Garden" and finally myself working with Dubai Police and representing my beloved DPC in the best way possible.



Samar Salam
MPharm Batch 5

So my message to you today is to be leaders and initiators! Dare to dream make a change built a powerful team that can take you to places you can never imagine! When I was sitting 4 years ago on those seats I would have never imagined my team and myself all the way in Taiwan for a world congress representing the UAE pharmacy students so I can assure you that nothing can stop you once you put your mind into something!

Thank you all very much I wish to hear your great achievements soon and success stories.

Welcome Speech

Assalaamualaikum! Good morning! A very warm welcome to all of you especially to all the 1st year's.

I'm Zunaira Shamsheer from 2nd year, batch 26 of pharmacy As you stand here as freshers of pharmacy college many of you may still be having second thoughts about if this is the right field for you. If you feel this believe me you are not alone. I had the same feeling when I joined DPC. I wasn't 100% content with the field and today I'm here in front of you all by the grace of Allah SAW as a topper of my batch with a GPA of 4/4.

My real inspiration and in all true sense my competition is my elder sister. She was the topper of her batch in all 4yrs in the college and is now, working a for a multinational pharma company called GSK. I aspire to be like her.

When I entered this

college my situation was not very different from what all of you might now be experiencing. I too was very nervous on my first day. I didn't know how or what to tell. But later I was amazed as to how things were falling into places. DPC makes you feel at home.

Our dean Dr Khan is extremely supportive. We all students look up too him as a fatherly figure. We have a great team of faculty members who are very approachable and are always there to help in any way possible. As seniors we promise to be very co-operative and supportive. Regarding the academics, my advice to you all is to work hard from day one because this is a serious profession, take interest in every subject and admire the creation of Allah when you study pharmacy. At the same time remember not to overstress yourselves. You will be provided with a lot of opportunities where you can showcase your talents and abilities. So try to enjoy every moment and don't let stress find its way in. So be calm and stay focused on getting a good

GPA. Be happy and satisfied with what you achieve.



Be optimistic and give your best. Remember your journey is equally important to your ultimate destination. Of course, nothing comes easy but when it comes to you after all this hardwork, the fruit you bear is completely worth the efforts.

My last advice to you all, is that to be grateful to your parents. Keep in mind all the hardwork and sacrifices they have done to make you capable of what you are today. Now it's time to return the favor and to make them proud. I wish all of you a great year ahead.

Thank you and best of luck to you all!



DPCSU – IPSF EXECUTIVE BOARD 2018-19



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Nazeer*



**Happiness Club
Leader**
Salam Yaser Kitaz

DPCSU-IPSF attend 7th IPSF Eastern Mediterranean Pharmaceutical Symposium- EMPS 2018 (14-19 July, 2018)

Reported by: Mariam Qudsi (Alumni – Batch 23)

DPCSU was very fortunate in taking part of the 7th IPSF Eastern Mediterranean Pharmaceutical Symposium- EMPS 2018. The symposium was held from 14-19 July, 2018 and was held in Amman, Jordan. Four students from batch 23; including myself- Mariam Faris Mohammad (Al Qudsi)-, and Samar Salam Qawoogha, Huda Jamal Madalli, and Nadia Malik, took part in this amazing and exciting experience!



I , took part in the Cognitive Enhancers Debate, while Samar was an active member of the RA meetings as an official delegate. While Nadia and Huda took part in the post symposium tour, that was well organized, along with the whole symposium! We, as four DPC graduates represented the UAE and DPC in a professional way, and met many new people, and definitely made many memories.

We hope that our junior students take part in the upcoming IPSF activities, and always stay involved. We found so many open doors with IPSF, and each took our own paths that we loved.





VAMPIRE CUP CAMPAIGN

Thousands of people suffer from diseases such as anemia, coagulopathy, macrocytic anemia because of blood deficiency. But you know what, 1 donation can potentially save up 3 lives. Every second someone in the world needs blood. Blood and platelets cannot be manufactured; they can only come from volunteer donors. IPSF designed a campaign called Vampire Cup in 2006-07 as a blood donation competition between local associations. The Vampire Cup campaign is an international blood donation competition held amongst all IPSF members. The competition aims to raise awareness about the importance of donating blood, in order to encourage people to donate voluntarily. This is a growing project and a great way to help others. By participating in the Vampire Cup, you are building your IPSF association, promoting international relationships, and, most importantly, saving lives.



Vampire Cup Campaign

Organized by DPCSU- IPSF Public Health committee members and the DPCSU- IPSF office.

Partner Organizations:

- Dubai Pharmacy College through Dubai Blood Donation Centre.
- Al Khawarizmi international College (Abu Dhabi) though Abu Dhabi Blood Bank.

Outcome

83 donors participated from each sides, and a total of 101 blood units were collected

Special thanks to

All the student coordinators and volunteers



VAMPIRE CUP CAMPAIGN: My Personal Experience

- Salma Umar (Batch 26)

I would like to appreciate Rafea (chairperson of DPCSU-IPSF), and PH committee: Khadija and Huda Al Madanli for their achievement and introducing IPSF, giving us platform where we could show up ourselves. It was a great and some new experience that we have pursue throughout this journey of Vampire Cup. As it was my very first affair through which I contacted outside world and got to know their opinion and how much they can give to this community. Everyone has different vision, so you cannot deal or expect same from every person. You have to be patience till you achieve your target.

It wasn't easy achievement, it took time, energy, a lot of effort and hard work. But it gave much more in return. In short, I will say outcomes of my effort were: Experience, Contacting , Communication, Professional interaction, Time management, Patience, Teamwork and Leadership

My fellows has shared their experience and what they say about their exposure to Vampire cup campaign?

- *Faiza mentioned “her participation and said “being a part of vampire cup was great experience, I contacted my school and some of the well known universities. It was a beautiful journey and we could achieve the target”.*
- *Zunaira writes “it was a jaunt filled with bliss and hardships. But at the end everything turned out to be just the way we desired”.*

One thing that we should moot every time before and after working with a group is a teamwork. Team work gives you more lessons, you learn from others and other learns from you. Collaboration of words makes an ocean of big ideas. And what makes good team is team leader. From the start of the day Huda kept us all together, considered our opinions and made us one. Each member of team contacted different institutes, hospitals, blood banks and school. Not all of them gave good response but many of them uphold with and assist us.

Congratulations...!!!

Graduates
Batch 23
Top 10



Rafa Mohamed Khalifa
Rank 1 CGPA 3.99



Huda Jamal Almadalli
Rank 2 CGPA 3.97



Faten Abdo Ali Muhaya
Rank 3 CGPA 3.96



Arwa Mohamad Salim
Rank 4 CGPA 3.95



Hawraa Mohammed
Rank 5 CGPA 3.93 (95.92)



Mareh Bassam Al-Attar
Rank 6 CGPA 3.93 (95.83)



Nasreen Showkath Ali
Rank 7 CGPA 3.92



Iman Bakri Hallak
Rank 8 CGPA 3.91 (95.52)



Madina Mohammad
Rank 9 CGPA 3.91
(95.42)



Fatima Abdulkarim M. Hashim
Rank 10 CGPA 3.90



*Massara Hadi Ahmed
Rank 1 CGPA 4.00 (98.05)*

*Top 10
Batch 24*



*Fatima Abbas Parkar
Rank 2 CGPA 4.00 (97.39)*



*Lin Mosbah Katramiz
Rank 3 CGPA 3.97*



*Khadijah Mohammed Hafez
Rank 4 CGPA 3.89*



*Noor Hassan
Rank 5 CGPA 3.88 (94.40)*



*Alaa Issam Al Masalmeh
Rank 6 CGPA 3.88 (94.15)*



*Sara Abdalla Farag
Rank 7 CGPA 3.88 (94.12)*



*Noha Mohamed Mahmoud
Rank 8 CGPA 3.87*



*Aia Emadedin Monir
Rank 9 CGPA 3.86*



*Batool Lutfi
Rank 10 CGPA 3.85*



Shatha Yousef
Rank 1 CGPA 4.00 (99.04)

Top 10
Batch 25



Tuqa Zohair
Rank 2 CGPA 4.00 (98.29)



Maham Majeed
Rank 3 CGPA 4.00 (97.96)



Nazia Habeeba Begam
Rank 4 CGPA 4.00 (97.87)



Betoul Ahmad Al Shouli
Rank 5 CGPA 4.00 (97.75)



Marium Ahmed Ansari
Rank 6 CGPA 4.00 (97.56)



Ebtihal Ismail Elsayed
Rank 7 CGPA 4.00 (97.34)



Nedaa Nasser Ahmed
Rank 8 CGPA 4.00 (96.82)



Salma Mohamed A El Ayoty
Rank 9 CGPA 3.98



Banan R. A. Lulu
Rank 10 CGPA 3.93

Congratulations...!!!



Zunaira Shamsheer
Rank 1 CGPA 4.00
(98.90)

Top 10
Batch 26



Mariam Othman
Rank 2 CGPA 4.00 (98.84)



Maroia Ghazi Saeed
Rank 3 CGPA 4.00
(98.64)



Sareh Dortaj
Rank 4 CGPA 3.98



Shana Parveen
Rank 5 CGPA 3.98



Lama Azmi
Rank 6 CGPA 3.97



Zainab Abdullah
Rank 7 CGPA 3.96



Esraa Moustafa
Rank 8 CGPA 3.94



Parisa Rezvani
Rank 9 CGPA 3.92



Nahla Akbar
Rank 10 CGPA 3.89

PINK IT NOW!

- Report prepared by: Mariam Othman (Batch 26)

On September 24th, a few girls from our second and third year batches of Dubai Pharmacy College for Girls were given the honor to attend a Breast Cancer Awareness campaign 'Pink It Now' at Palazzo Versace, Dubai. The event was organized by Zulekha Hospital, with the aim of spreading awareness of breast cancer, the importance of early detection and the benefit of regular check-ups. In addition, we were able to celebrate the release of Dr. Pamela N. Munster's new book 'Twisting Fate'.

As we walked into the event hall and joined the audience, we were greeted by a video that introduced the event's main themes and highlighted the importance of women in this world. Dr. Pamela, a leading oncologist at the University of California San Francisco, and the campaign ambassador expressed her delight with the publishing of her book and gave a brief on her journey from being a breast cancer doctor to a patient and back, after a heroic recovery.

Moreover, we got to witness the live speeches of two

gallant breast cancer survivors. The first speaker made it evident that surviving such a disease needs a great deal of mental resilience and bravery. In addition to that, she stressed that family and friend support is a fundamental factor in surpassing such an ordeal. She took control and never lost hope in God, and emerged victorious after her recovery.

At the end of the event, a renowned team of specialists in the fields of oncology, breast surgery and gynecology presented their view points and answered the audience's queries and doubts during the panel. The main purpose for their panel was to encourage women to get check-ups and acknowledge the importance of self-care and prevention.



All in all, we greatly appreciated this golden opportunity and are looking forward to attending more influential events as such.

The second speaker, who was a man, proved that breast cancer does not choose a specific gender to target. He spoke about how he had detected it at a later stage and how his case was supposedly hopeless. Despite that, he fought on and went through with therapy at Zulekha Hospital, to finally recover and outshine all the hardships.

No one is you
and that is
your
super power



Financial Education Seminar – Abu Dhabi Islamic Bank

ADIB (Abu Dhabi Islamic Bank) conducted a seminar to educate students on financial management and to create a more financially aware society. The seminar consisted of a presentation delivered by a member of ADIB staff to talk about financial education. They also distributed ADIB's financial education booklet "Smart Money" and also distributed a prize for the raffle draw winner.



They also introduced the ADIB Youth Program which offers students a card called ISIC Card which can be used by the students as a top up card with numerous benefits locally and internationally across many outlets including dining, shopping, movies, etc.



Kindly find attached presentation which has all the information about the card as well as benefits offered. Please note that the card is being offered to students at no benefit to the bank, this is a part of their CSR program.

Please find the link to the "Smart Money" booklet: <http://smartmoney.adib.ae/en/>



"Starry Sky"

- Nada Akram (BPharm Batch 24)

*Gazing through a window of an empty hall
A memory of a child, I did recall
With sparkling eyes
Just like stars in disguise
Fetching into the wilderness
Fascinated by a night's sky so cloudless
And stretching so high a tiny hand
Hoping one day, on a star he'll land
"I'll grow up one day, and that day for sure
I'll reach those stars" he did adjure*

*So little he knew of stars, and yet
He aimed so high, with a desire deeply set
But never did he believe that his stars could dissolve
And such a desire, within street lights, resolve
And the starry sky within his eyes
Would ever be in pitch-black dyed
And that lively sparkle which he had once
Would ever lose its very essence*

*But that child's memory, I could not desert
For through his eyes, I strive to seek comfort
And in a faraway land, I still soar
Though a starry sky is all I long for...*



"Amazing"

- Mariam Al Qudsi (Alumni Batch 23)



*When you head towards a path for quite some time.
Only to have a haze of a world rip it out from underneath you.
And you're left with a whirlpool.*

*A mess of colours, all leading to what you assume is absolutely nowhere. And you
find that in fact, each colour has a different road... All leading to different lights.*

*Either way,
There'll be a mix of black, white, and grey through every pathway.
All you need to do, is be led by the right force.*

*Whether it be your heart, your mind, or your soul All three need to have their own
findings, leading to the light at the end of your colourful pathway And one day,
You'll see...*

*That every other colour,
Would've been a mistake.
So walk carefully... And with ease
Don't stress the faded, and don't ease the bright.*

*Take it slow... And take it fair.
Your light awaits.*

Poem #108

